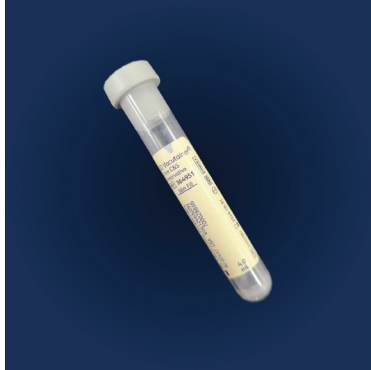


# Sexually Transmitted Infection COLLECTION INSTRUCTIONS

(MP-FR-0003) VERSION 2.1



## MATERIALS PROVIDED

1 Sterile Urine Cup | 1 Urine Preservative Tube | 1 Sterile Swab | 1 LA106 Transport Media Tube | 1 Biohazard Bag | Ice Pack(s) | Lab Pak Mailer

## URINE SPECIMEN COLLECTION

To ensure safety and validity of the sample it is important to follow the instructions provided below.

### Patient Instructions

1. Wash hands thoroughly with warm water and soap.
  - a. Females: Holding labia apart, collect first ~10-15 mL urine into provided sterile cup.
  - b. Males: Retract foreskin (as applicable), collect first ~10-15 mL urine into provided sterile cup.
2. Securely place cap on urine cup and give to the clinical technician.

### Clinical Technician Instructions

1. Label the transport tube with two unique patient identifiers. Confirm identity with the patient.
2. Put on gloves.
3. Do not open urine cup.
4. Expose port access on urine cup and aspirate liquid into urine preservative tube.
5. Place the urine preservative tube into the provided biohazard bag.
6. Remove gloves and perform hand hygiene.
7. Place all samples collected for the day into the provided Lab Pak mailer. Make sure to include ice pack(s). Seal the mailer and place a shipping label on the outside.
8. Do not hold samples. Ship all samples collected on the same day as collection.

## VAGINAL SWAB SPECIMEN COLLECTION

To ensure safety and validity of the sample it is important to follow the instructions provided below.

1. Label the transport tube with two unique patient identifiers. Confirm identity with the patient.
2. Follow the sample collection protocol below:
  - a. Put on gloves.
  - b. Remove sterile swab from wrapper, taking care not to touch swab tip.
  - c. Insert the tip of the swab about two inches (5 cm) into the opening of the vagina.
  - d. Gently rotate the swab for 15 to 30 seconds against the sides of the vagina.
  - e. Withdraw swab carefully.
3. Place the swab in the transport tube.
4. Break the swab handle at the indentation mark and recap the tube (with the swab remaining in the tube).
5. Place the transport tube into the provided biohazard bag.
6. Remove gloves and perform hand hygiene.
7. Place all samples collected for the day into the provided Lab Pak mailer. Make sure to include ice pack(s). Seal the mailer and place a shipping label on the outside.
8. Do not hold samples. Ship all samples collected on the same day as collection.