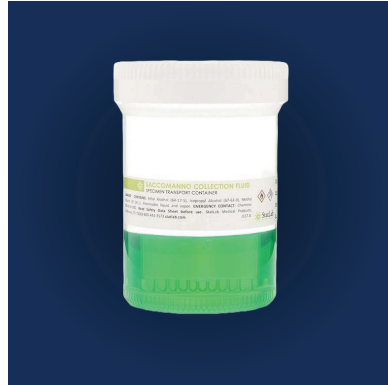


# Gout (Aspirate & Tissue)

## COLLECTION INSTRUCTIONS

(HI-FR-0057) VERSION 3.0



### MATERIALS PROVIDED

Pre-filled Saccomano's Fixative Solution Container | EDTA Lavender Container  
Biohazard Bag with Pocket & Absorbent Pad | Pretorian Specimen ID Adhesive Labels | Ice Packs

### CLINICAL PROCEDURE

1. Fill out (or print) a Pretorian Specimen Label with patient name, date of birth, and source site.
2. Wear appropriate PPE and follow all facility guidelines.

**For aspirates suspected of containing gout (Synovial fluid & Ganglion Cyst): Must be at least 2mL**

- a. Peel and place the Pretorian sample label onto the **EDTA (Lavender) container**.
- b. Dispense **at least 2mL** of aspirated fluid into **EDTA (Lavender) container**.
- c. **Refrigerate** sample **immediately** after collection, ship sample with frozen ice pack to maintain refrigeration.
- d. Submit refrigerated sample within 4 days of collection.

**For soft tissue biopsies and excisions suspected of containing gout:**

- a. Peel and place the Pretorian sample label onto the pre-filled **Saccomano's fixative solution container** (solution should be green, not clear).
- b. Tissue should be submitted in a volume of saccomano's approximately equal to the volume of tissue, pour off any excess saccomano's.
- c. Place the tissue into the pre-filled **Saccomano's fixative solution container**.

\*Non-synovial aspirates (not Gout aspirate, not Ganglion cyst) should go into Cytolyt. See Aspirate/Cytology collection instructions.

3. Ensure container(s) have no leaks.
4. Verify that patient name, date of birth, and source site on requisition match those on the specimen container.
5. Place paper copies of face-sheets and requisitions into pouch on biohazard bag, place container into biohazard bag. Multiple containers from the same patient can be submitted in the same biohazard bag.
6. Place completed biohazard bag into provided laboratory box/pack for shipping/pickup.
7. Place frozen ice pack into container to maintain refrigeration (if aspirate).
8. Seal the mailer and place a shipping label on the outside.
9. Place laboratory box/pack in the designated area for shipping/pickup.
10. If shipping/pickup is needed and not already scheduled, please scan placard, or call the lab.