

Gout (Aspirate & Tissue)

COLLECTION INSTRUCTIONS

(HI-FR-0057) VERSION 1.1



MATERIALS PROVIDED

Pre-filled Saccomano's Fixative Solution Container | EDTA Lavender Container
Biohazard Bag with Pocket & Absorbent Pad | Pretorian Specimen ID Adhesive Labels | Ice Packs

CLINICAL PROCEDURE

- Fill out (or print) a Pretorian Specimen Label with patient name, date of birth, and source site.
- Wear appropriate PPE and follow all facility guidelines.
 - For aspirates suspected of containing gout (Synovial fluid & Ganglion Cyst):**
 - Peel and place the Pretorian sample label onto the **EDTA (Lavender) container**.
 - Dispense aspirated fluid into **EDTA (Lavender) container**.
 - Refrigerate** sample **immediately** after collection, ship sample with frozen ice pack to maintain refrigeration.
 - Submit refrigerated sample within 4 days of collection.
 - For soft tissue biopsies and excisions suspected of containing gout:**
 - Peel and place the Pretorian sample label onto the pre-filled **Saccomano's fixative solution container** (solution should be green, not clear).
 - Place the tissue into the pre-filled **Saccomano's fixative solution container**.
- *Non-synovial aspirates (not Gout aspirate, not Ganglion cyst) should go into Cytolyt. See Aspirate/Cytology collection instructions.
- Ensure container(s) have no leaks.
- Verify that patient name, date of birth, and source site on requisition match those on the specimen container.
- Place paper copies of face-sheets and requisitions into pouch on biohazard bag, place container into biohazard bag. Multiple containers from the same patient can be submitted in the same biohazard bag.
- Place completed biohazard bag into provided laboratory box/pack for shipping/pickup.
- Place frozen ice pack into container to maintain refrigeration (if aspirate).
- Seal the mailer and place a shipping label on the outside.
- Place laboratory box/pack in the designated area for shipping/pickup.
- If shipping/pickup is needed and not already scheduled, please scan placard, or call the lab.